

Spiritual Practices

2 – Becoming A Community Of Communion With God In A Culture Of Distraction and Escapism





Martha was distracted by all the preparations that had to be made Luke 10:38-42







What Transforms Me?





Transformed to be like Jesus through the practice of Prayer





What do we mean by Prayer?

- 1. Communication with God
- 2. Setting aside dedicated time to be with and talk with God



Prayer:

Talking *to* God
Talking *with* God *Being* with God



One day Jesus was praying in a certain place. When he finished, one of his disciples said to him, "Lord, teach us to pray..."

Luke 11:1-13





"I pray... that all of them may be one, Father, just as you are in me and I am in you.

John 17:20-21





And I will do whatever you ask in my name, so that the Father may be glorified in the Son.

You may ask me for anything in my name, and I will do it.

John 14:13-14





You do not have because you do not ask God. When you ask, you do not receive, because you ask with wrong motives

James 4:2-3





Pray promises, not problems.





God blessed them and said to them, "Be fruitful and increase in number; fill the earth and subdue it."

Genesis 1:28



He calls his own sheep by name and leads them out. When he has brought out all his own, he goes on ahead of them, and his sheep follow him because they know his voice.

John 10:2-5





We all, who with unveiled faces contemplate the Lord's glory, are being transformed into his image with ever-increasing glory

2 Corinthians 3:18





"I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge"

Ephesians 3:16-18



Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

Thessalonians 5:16-18



In order to pray all the time, We must pray some of the time.





Questions for reflection:

- 1) Are pre-written prayers part of my repertoire?
- 2) What are my greatest obstacles to prayer?
- 3) What one thing can I do to grow in prayer?